



# KARATE FOR KIDS AT NVCE!

Using an age-appropriate curriculum designed for children ages 3-6, this high-energy class teaches the fundamentals of martial arts alongside essential life skills. Join us for our weekly class!



## CLASS OVERVIEW

1



### WARM UP

4 Character Movements

2



### MAT CHAT

Skill Intro & Explanation

3



### SKILL I

Practice & Perform

4



### SKILL II

Practice & Perform

5



### COOL DOWN

Stripe Rewards & Activity Game

## CLASS DETAILS

### Grades:

Preschool - PreK

### Day/Time:

Thursday  
3:00 PM - 4:00 PM

### Spring 2025 Session:

January 16 - May 8  
(no class 3/20)

### Cost:

\$495 or 5 payments of \$99

\$25 annual registration fee includes a Karate Zoo shirt

*Session price includes all supplies (belts, stripes & breakable wood board)*

*AFTER CARE STUDENTS: Please use promo code NVACS25 when checking out to receive a \$50 after care discount.*

[CLICK HERE TO ENROLL](#)

QUESTIONS? CONTACT: PHXEASTVALLEY@AMAZINGATHLETES.COM / 480-664-1187