

GRADES K-4

MARTIAL ARTS HERE AT NEW VISTAS!

LEARN THE FUNDAMENTALS OF MARTIAL ARTS THIS FALL.

Students learn and practice the traditions and skills of the sport, and receive colored belts and stripes for their achievement. Students who completed our preschool Karate Zoo program and new students are welcome to join! Hi-yah!



CLASS OVERVIEW



WARM UP



RELAY



MAT CHAT



SKILL



APPLICATION



COOL DOWN

PRACTICE

• AGILITY • MEMORY
BALANCE • COORDINATION

PERFORM

• KARATE FUNDAMENTALS
• PERSEVERANCE • LIFE SKILLS

ACHIEVE

• DISCIPLINE • CONFIDENCE
• FOCUS • CONTROL

CLASS DETAILS

Time/Day:

Thursday
3:00 PM - 4:00 PM

Grades:

K-4

Fall Session:

January 16 - May 8
(no class 3/20)

Pricing:

\$495 or 5 Payments of \$99

\$25 annual registration fee includes a KZ Martial Arts shirt.

Session price includes all supplies (belts, stripes & breakable wood board).

AFTER CARE STUDENTS: Please use promo code NVACS25 when checking out to receive a \$50 after care discount.

[CLICK HERE TO ENROLL](#)

Questions? Contact us: phxeastvalley@amazingathletes.com / 480-664-1187