

LEARNING TODAY, LEADING TOMORROW



Welcome to September, NVCE!

This year New Vistas kicked off the first day of school with a new annual tradition! Our 6th grade students created welcoming signs, stood by the gates, and cheered as the younger grades entered our campus.



Reminders:

- Sept. 4th Labor Day Holiday - no school
- Sept. 11th-14th NWEA testing for 3rd-6th grades
- Sept. 19th First Parenting Class
- Week of Sept. 25th Fall conferences begin

Directors' Note

Together our families, teachers and students have created a dynamic school, open to growth and change and still dedicated to educational principals that truly matter. After over 44 years, we are happy to say that while many things have and will continue to change, our core values remain.

We are: positive, structured, academic.

Thank you families for sharing your incredible children with us and for partnering to help us bring out the very best in every child. Thank you for becoming part of our school family.

- Kristi Roher, Carol Elias, and our entire amazing team of educators.

Sneak Peek:



We are happy to offer a hot lunch program for our students through Dishes2U. The hot lunch program takes away the hassle of preparing lunch in the morning hours, the stress of forgotten lunch boxes, and the frustration of coming home with untouched food. Our students can have a healthy, hot meal that they helped select from the plethora of meals offered from many different restaurants. Details and Instructions are available on our website www.newvistasaz.com under registration.

Class Service Projects

It is the time of year when our teachers and students begin brainstorming for a service project they would like to contribute to this year. Service projects are a way for our students to get more involved in their communities, make lasting connections with the people they spend time with, and foster a bright future for the world around them.



NVCE PARENT PARTNERSHIP SERIES

NVCE is excited to begin offering informational Parenting Classes beginning this September! The classes will be held on campus in Building D, Room 37 in the Flower Room, and they will begin at 8:00am. The discussions will be on a range of topics, and will be lead by some of our own highly qualified and experienced leaders.



Technology and your child: September 19th
Paul Ihms & Kristi Roher

Love and Logic: October 24th
Ruth Beckman & Patty Lira

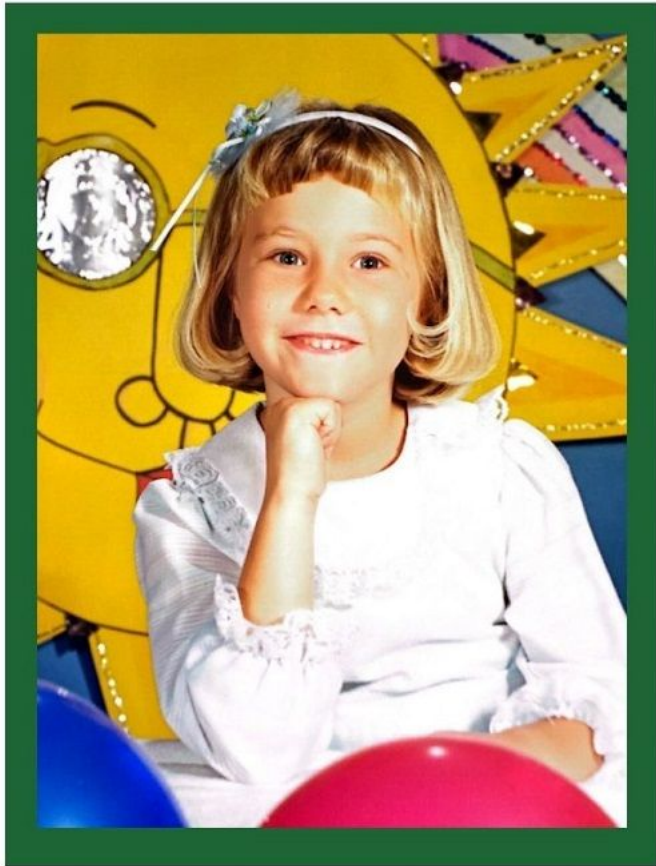
Executive Functioning: November 29th
Beckie Tilden & Linda McFayden

Crucial Conversations: January 23rd
Debbie Nesheim & Yvette McSweeney

Testing and your child: February 27th
Kristi Roher & Julie Devine

Manners Matter: March 26th
Carol Elias & Amelia Hughes

Spotlight:

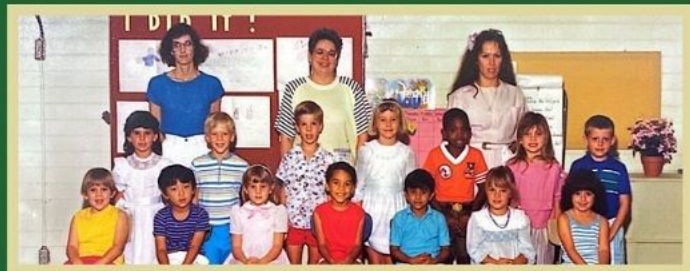


New Vistas Alumni: Where are they now?

"I attended New Vistas as a Kindergartener for the 1987-1988 school year. It was only one year, but I always remembered how great the school was for the start of my education. Fast forward to a few years ago when my oldest child was going to start school in Colorado where we lived at the time. I started researching all schools including private, charter and neighborhood schools. I thought back to what New Vistas offered in the 80's and decided to look up the school's website. I was super happy to see that Carol Elias was still at the school! Unfortunately, I did not find any school near me in Colorado that compared to what New Vistas was offering for young learners.

This last Spring, my husband and I made the decision to move back to Arizona. New Vistas was one of the first schools we called to check availability for the 23/24 school year. We started the application process and were so blessed that New Vistas could accept all three of our children at the same time! Once our move was complete, we happened to see that New Vistas was hiring. My husband, Mike, applied for the co-teacher position and was hired! We are so thrilled.

It is very comforting knowing that all three of my kids are getting the best education possible and that my husband is also part of the staff at our kids' school. We are so excited to be part of the New Vistas family!"





Our Love and Logic approach to parenting is easy to learn, helps parents raise responsible kids, and changes lives. Many parents call us when they have reached an impasse with their kids and every interaction ends up with arguing and futile attempts to get their kids to behave. Parenting for them is very difficult and they cannot imagine stress-free parenting with:

Kids who are fun to be around,
Kids who listen the first time,
No more arguing

Early in the history of Love and Logic, we established the Four Basic Principles of Love and Logic. These principles are the foundation of all the parenting techniques that we teach. They are:

1. Help kids feel good about themselves.
2. Help them learn to solve problems and think for themselves.
3. Leave them with a healthy sense of self-control.
4. Teach them to be responsible for the consequences of their actions.

This sounds like a tall order, especially when you are in the middle of dealing with a toddler's temper tantrum or arguing with a teenager. With these principles as goals, we have two simple rules that guide parents along the path to turning around relationships with their kids.

Rule #1: Adults set firm limits in loving ways without anger, lectures, threats, or repeated warnings.

Rule #2: When a child causes a problem, the adult hands it back in loving ways. These principles and rules are Love and Logic in a nutshell. The beauty of Love and Logic is that it teaches kids how to manage their own behavior, rather than parents telling kids how to behave to avoid consequences, or parents rescuing kids from the consequences of their behavior. However, there is a very subtle but critical element that is embedded in the two rules—everything must be done in loving ways—with empathy. Empathy is the most important key to parenting successfully with Love and Logic. This is based on the understanding that anger, threats, and lectures only serve to trigger a defensive reaction in the child, ultimately resulting in the eventual argument and stalemate.

Nobody wins this power struggle. Genuine, sincere empathy must be used with every Love and Logic technique, otherwise even using the correct words can fail. Another important concept is understanding how limits work. Many parents who call tell us they are frustrated because they cannot get their kids to obey limits that have been set. Usually this is because the limits are unenforceable. The techniques that Love and Logic uses are built around enforceable limits, which give control to the parent rather than the child. Using these principles, rules, and techniques can allow parents to establish a mutually respectful relationship with their kids, and parents become mentors or consultants to their kids. This opens the door to successful parenting and the opportunity to raise kids who are respectful and able to make responsible, healthy decisions.

Thanks for reading!

-Jim Fay