



Classes Held Weekly at New Vistas Center for Education

WHO WE ARE



A Different Activity Each Month!

- Volleyball, Superhero Training, Cricket, Tennis, Track and Field
- Age-specific lesson plans

Sharpen Physical Skills

- Balance, hand-eye coordination, fine/gross motor skills
- Weekly progression and skill reinforcement

Form Healthy Habits

- Build confidence and learn about nutrition!

CLASS OVERVIEW

Opening Huddle
Weekly Activity Introduction

Warm-Up
Music and Stretches

Sport / Fitness Game
Individual and Team Activities

Closing Huddle
Nutrition and Cool-down

CLASS DETAILS:

DAY/TIMES:

Tuesdays
3:00-4:00 (Preschool-K)

Spring 2023 Semester:
1/17-5/9
no class 3/14

PRICE:

\$395 or
5 payments of \$82
\$355 After Care

AFTER CARE STUDENTS:
Please use promo code
NVAFTERCARE23
to receive your discount

REGISTER ONLINE:

Scan to enroll



or go to
NVCE JumpBunch

Space is limited!

CONTACT:

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