



PREK - PRESCHOOL

SPRING ENROLLMENT NOW OPEN AT NVCE

Amazing Athletes multi-sport program sets kids on a path to an **active & healthy lifestyle** by teaching them the basics of sports, health, and nutrition.



PLAY

- BASKETBALL
- HOCKEY
- FOOTBALL
- PICKLEBALL
- VOLLEYBALL
- BASEBALL
- TENNIS
- LACROSSE
- SOCCER
- TRACK + FIELD

LEARN

INTRODUCTION TO NUTRITION
 +
 MUSCLE IDENTIFICATION

PERFORM

- BALANCING
- CATCHING
- JUMPING
- RUNNING
- THROWING
- KICKING



CLASS OVERVIEW

WARM UP



ACTIVE EDUCATION



SPORT #1



SPORT #2



COOL DOWN



CLASS DETAILS

Grades:
Preschool - PreK

Day/Time:
Mondays
3:00 PM - 4:00 PM

Spring Session:
January 13 - May 5
(no class 1/20, 2/17, 3/17, 3/24)

Cost:
\$375 or 5 payments of \$78
\$25 annual registration fee includes an Amazing Athletes performance shirt

*AFTER CARE STUDENTS:
Please use promo code NVACS25 to receive a \$50 after care discount.*

CLICK HERE TO ENROLL

Questions? Contact us: phxeastvalley@amazingathletes.com / 480-664-1187